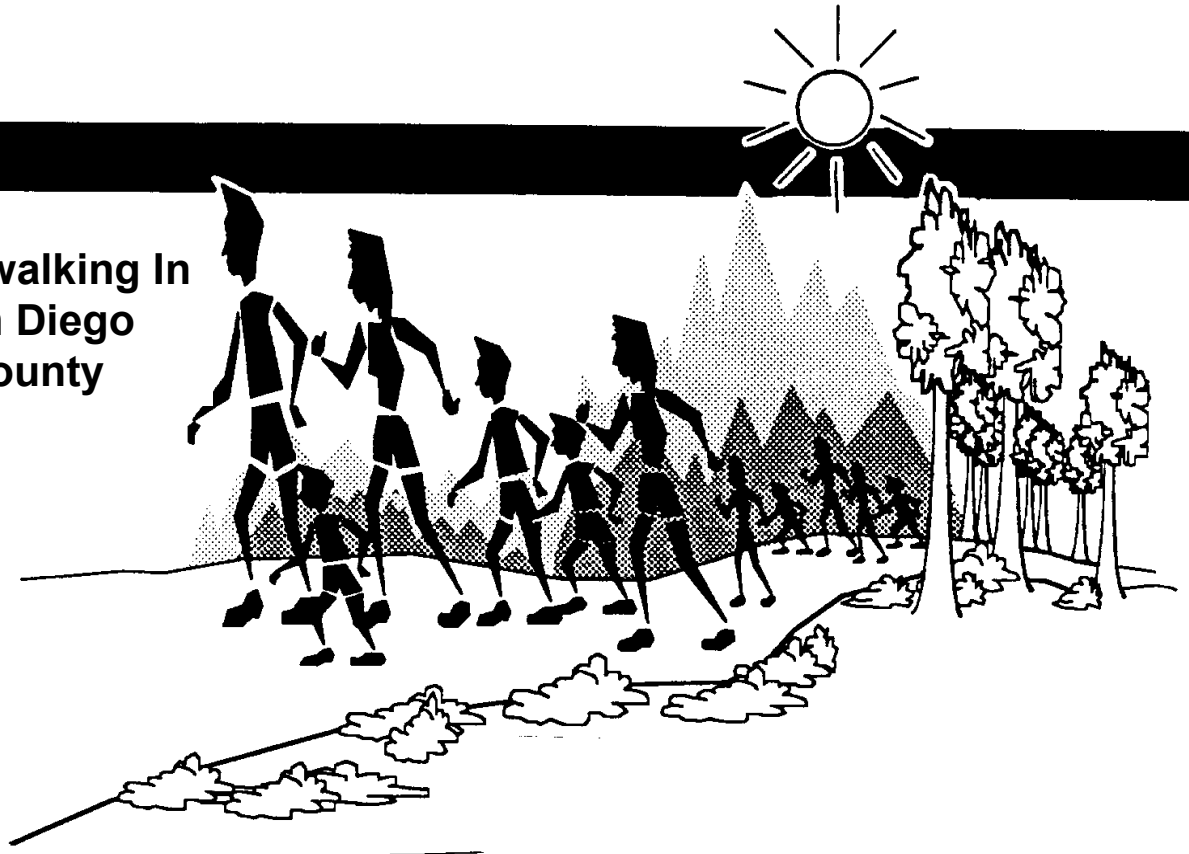


San Diego County Rockhoppers News

May 2004

Volkswalking In San Diego County



San Pasqual Valley Ag Walk

The next Rockhopper walk will be held on the weekend of May 22nd and 23rd.

This is our third walk on the dedicated part of the proposed 55 mile San Dieguito River Park Trail that runs from the Pacific Ocean to Volcan Mountain near Julian.



Your Rockhopper Volunteer Officer Roster

President:

Denyce Kinkead
2525-A Jefferson Street
Carlsbad, CA 92008
(760) 720-3773

Vice President:

Jo Anne Beeson
11195 Florinda Road
San Diego, CA 92127

Vice President – Registration & AVA Sales:

Marilyn Escher
2615 Sunset Hills
Escondido, CA
(760) 746-0897

Treasurer:

Philomena Stein
5342 Rio Plata Drive
Oceanside, CA 92057
(760) 945-0016

Secretary:

Jan Owen
955 Howard Avenue
Escondido, CA 92029
(760) 432-8776

Membership Chairperson:

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Fallbrook, CA 92028
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(760) 432-8776

Web Master:

Howard Keller
3805 Shale Court
Carlsbad, CA 92008

Trailmaster:

Tom Escher
2615 Sunset Hills
Escondido, CA
(760) 746-0897

Congratulations

We congratulate the following members for the super achievements.

575 events - **Joanne Corriere**
700 events - **Paul Corriere**
12000 KM - **Paul Corriere**

New Members

We welcome the following new members to the Rockhopper family. We look forward to seeing and meeting you on an upcoming walk.

Jim and Nancy Brown - Fallbrook

Burch and Elke Ertle – San Diego

Joan Kelly - Oceanside

Daphne Mitchell – Oceanside

Paul Scharnau – Escondido

Apology

You editor is the co-ordinator/host of the 15th Annual National Sweepstakes Convention which is being held in San Diego over Memorial Day weekend. There are more than 725 attendees coming from around the country, as well as from Canada. Preparing for this event is a two-year process, with the heaviest workload taking place during the past 6 months.

As a result of this effort, I have not been able to do all I wanted to do for the Rockhoppers.

At the end of May the Sweepstakes Convention will be over, and I can go back to my “normal” life, and my Rockhopper duties.

2004 Upcoming Events Calendar

May 22/23 – San Pasqual Walk (SDCR)

June 5/6 – Santa Barbara (CIV)

June 12/13 – Fullerton (HST)

June 14 - Rockhopper Monthly Meeting

July 11 – Imperial Beach (SDCR)

July 12 – Rockhopper Monthly Meeting

July 17/18 – Laguna Beach (LTSW)

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CIV – Channel Island Volksmarchers

HST - Hollywood Star Trekkers

LDR – Low Desert Roadrunners

LTSW – Laguna Turf & Surf Walkers

SDCR – San Diego County Rockhoppers

April Meeting Minutes

By Jan Owen

The April Meeting was held on April 12, 2004 at 7:00 p.m. at the Picket Fence Restaurant, in Vista.

Denyce Kinkead presiding – 19 members present. The March meeting minutes were approved as read.

Treasurer **Philomena Stein** reported that we have \$1933.78 in the bank. Some checks are available to be deposited. The latest patch bill still needs to be paid.

Lloyd Graham reported that to date in 2004 we have had 25 walkers for the 10K Carlsbad walk, and 10 for the 14K walk, including 4 walkers from Germany.

Denyce Kinkead reported that to date in 2004 we have had 24 walkers for the

Oceanside walk, including 1 walker from Germany.

Denyce reported that after discussion with New Member Chairperson **Noby Sederholm**, it was decided to charge \$2.50 for each new-member patch.

Steve d'Adolf reported that 28 members responded to the Newsletter Survey, with 26 members agreeing to receive the newsletter via email. **Steve** indicated that we will send the newsletter via email to those members, and the rest will continue to receive the newsletter via the U.S. Mail.

Steve also indicated he would get together with **Noby Sederholm** and update the newsletter database with all the email addresses **Noby** has to see if we can encourage additional members to receive the newsletter via email.

Steve reported that he had a discussion with **Howard Keller** regarding the maintenance of the club's web site. **Howard** indicated that he wants to continue maintaining the web site, but needs assistance in obtaining the latest club news. **Steve** agreed that starting in June he will be sending **Howard** the information he needs to put up on the web site.

Our club is one of the host clubs for the annual CVA Convention to be held at the Palomar Inn in Carlsbad April 30 – May 2. The official business meeting is on Saturday at 1 p.m.

The members present had a discussion regarding what we might do with the excess medals the club has left over from previous walks. It was agreed that we would put the medals/patches in a bowl on a table at the CVA Convention for attendees to talk, with a sign suggesting they make a donation if they take an award.

We will also have our May, July, and YRE brochures available for convention attendees to take.

For those who want to attend the convention business meeting luncheon, they need to sign up using the form in the CVA Convention brochure.

Tom Escher has laid out the local walks for the convention attendees. Each walk will have self-check checkpoints, and books will be stamped afterwards.

A motion was made to have **Denyce** and **Tom** (with Steve as back-up) represent the club at the business meeting, and vote for the new CVA officers. The motion passed.

Tom Escher presented an overview of the upcoming San Pasqual Ag Walk. Walkers will pass by the maternity corral at the dairy, an orange grove where you can pick an orange if you want, and the walk will turn-around in the area where dry-arrangement materials are used/stored.

Tom also reported on the July Imperial Beach Sand Castle walk, and the October walk at the Steam Engine Museum. Tom is also looking into a walk that would go from the airport area to Petco Park.

Marilyn Escher noted that the members need to vote for new club officers in May.

The meeting was adjourned at 7:45 p.m.

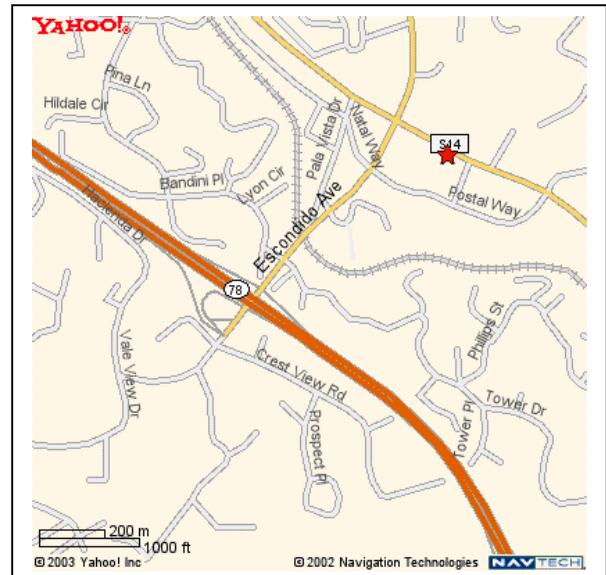


Next Rockhoppers Meeting

By: Denyce Kinkead, President

The next Rockhoppers meeting will be held on **Monday June 14th, 2004** at:

The Picket Fence Restaurant
945 S. Santa Fe Avenue
Vista, CA 92083
760-945-4367



Dinner is at 6 p.m., with the club meeting following at 7 p.m.

I encourage our members to come to our monthly meetings. It's a great way to meet other walkers, have a nice dinner, and learn what is coming up in the way of club events.

Thank You, Thank You, Thank You

Many thanks to the following members for collecting much of the news reported in this issue of your newsletter

Sandra Felker

Ken Hanson

Denyce Kinkead

Noby Sederholm

California's Golden Heritage is Waiting for You

By Ken Hanson

California's heritage is waiting for you. So is California's interesting present. You almost always discover something new that you didn't expect on an AVA walk. We sure did on our 12 California golden heritage walks last summer.

As you may know, the California Heritage program allows you to earn an award by completing four walks in each of three regions of California: Southern California (18 walks to choose from), Central California (27 walks to choose from) and Northern California (22 walks to choose from). For those of you that have internet access, you can get all the details and information at:

<http://placerpacers.auburninternet.com/calheritage.htm>

If you don't have internet access you can write to: Placer Pacers California's Golden Heritage, P.O. Box 142, Auburn CA 95604. To enroll in the program send your name, address, and email address (if you have one) with \$6.00 for each enrollee. The program runs until December 2005 so you still have time to complete those walks.

Maybe you will be smart enough not to make the same mistake I did. With a limited amount of vacation, I completed eight of those walks in eight consecutive days. It wasn't a mistake that caused a physical problem (like blisters or having your feet hurt.) It was a mistake because we did not get to know the places we visited as well as we would have liked or to see and do all that was available. The ideal way to do these walks would be to read about the relevant history on a day before or after the walk.

Most of the walks are year round events (YREs) with a few regular events from time to time. We completed the program with all YREs. A regular event that looked interesting was the Angel Island walk at San Francisco Bay, but we missed that. We had a qualifying regular event walk here in San Diego with the old town walk last November.

You may be familiar with some of the Southern California walks. The Coronado walk (# 352 CB) takes you on a beautiful beach, past the site of the first military flying school run by Glenn Curtis, and around a lovely bayside path. The San Juan Capistrano walk (# 1886) guides you through a stream-side park, that you may never have seen, but you have probably crossed many times driving on I-5. Did you ever read the book, Two Years before the Mast, by Richard Henry Dana? I'll bet you have never seen the statue of Richard Henry Dana flinging hides off the cliff unless you have done the Dana Point walk (# 1343.) Another walk that consistently ranks as a favorite is the Newport Beach / Balboa Island walk (# 251.) That walk gives you a ferry ride on the way to find the fish market of the old dory fishing fleet.

The Central and Northern California walks may be out of your normal stamping grounds. We traveled to those walks in a camper van, and we camped at state parks for the most part. Some of the "Central" California walks are in places that we Southern Californians tend to think of as Northern California. The Monterey walk (#19) has plenty of historical sites and beautiful scenery on the ocean view walk to Lover's point. On the Los Gatos walk (# 74) you will see lots of old homes being lovingly cared for and what remains of the old Forbes mill. The San Jose walk (# 240) takes one past a Children's Discovery center, a tech museum (on Woz Way for Steve Wozniak of Apple Computer) and on some days thru a farmers market. Our guide book told us that San Francisco provides little parking at reasonable cost,

so we camped at Larkspur and took the ferry to the city. Well, the San Francisco embarcadero is not the same dingy place that I remember from 25 years ago. We arrived at the newly restored ferry building to a bright waterfront with lots of art and beautiful parks. San Francisco downtown walk (# 1480) gives you a tour of diverse neighborhoods of the city with plenty of turns, jags, and jogs to keep you alert. When the instructions tell you that the sidewalks in Chinatown are congested, you had better believe it. San Francisco has interesting architecture and even has an acoustic alley where the voices of outdoor opera singers resonate between buildings. According to the California golden heritage program, San Francisco is in Central California.

Our first Northern California walk was in Santa Rosa (#1100) and the historical point of interest is the Luther Burbank home and garden. Our next stop was Sacramento. Our thinking was that Sacramento in the summer time equals hot, hot, hot. Our plan was to stay at the air-conditioned Sandman motel where the state capital walk (# 003) originates and to get a very early morning start before the sun melted us. Well, Sacramento is an old city with lots of mature trees. Almost all of the walk was completely shaded. It wasn't bad at all. The state capitol grounds have an emotionally moving Viet Nam veteran memorial and a firefighters memorial. Tours are given of the capitol building. The next walk was sort of a combination Volkswalk and scavenger hunt as far as checkpoints go. If you like a challenge, I recommend the Truckee historical walk (# 1667.) The first checkpoint is in a cemetery where you have to find and get information from a particular gravestone of a Mister Charles F. McGlashan. Later we saw Mr. McGlashan's amazing butterfly collection at the Donner memorial state park. Like I said, there usually is something unexpected on an AVA walk. In my opinion, the last walk in the series for us was the most beautiful, the Tahoma

Sugar Pine Point walk (#235) which took us along the shore of Lake Tahoe. It was also a rest from following all those directions. All you had to do is follow the trail.

Those AVA volunteers have done a great job in laying out interesting walks for you. I hope that you will take the opportunity to see California's golden heritage for yourself.



Firefighter's Memorial
Sacramento, CA

Newsletter Available Via Email

A reminder: This email, and our various walk brochures are available in electronic format and can be delivered via email.

It would be appreciated if members would agree to receive the newsletter via email so that the club can make best use of its limited resources and not have to spend so much money on postage and reproduction costs.

If you would like to try delivery via email, contact your editor via email – sdadolf@san.rr.com

San Diego County Rockhoppers

Membership Application and Renewal Form

Benefits:

- A patch for new members
- A membership card
- A subscription to the club newsletter
- Pre-registration rate for walks even if you don't pre-register
- The club contributes one-half of the cost for the Christmas (Holiday) Dinner

Last Name _____ First Name _____

Last Name _____ First Name _____

Last Name _____ First Name _____

Last Name _____ First Name _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number () _____ Email Address _____

New Application Renewal

Individual Membership (\$6.00 per person)

Family Membership (\$12 per family)

Total amount enclosed \$ _____ Makes checks to **The San Diego County Rockhoppers**

I am interested in helping the club put on events. Please consider me for:

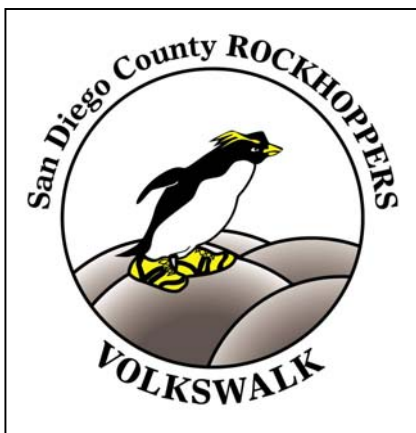
- Helping at the start table at a walk
- Helping at a walk check point
- Helping to prepare event brochures
- Helping to distribute event brochures
- Helping to design event awards
- Helping to lay out a walking route
- Other _____

Send Completed Form To:

**San Diego County Rockhoppers
c/o Noby Sederholm
2592 Daily Drive
Fallbrook, CA 92028**

San Diego County Rockhoppers

Steve d'Adolf – Newsletter Editor
17852 St. Andrews Drive



IMPORTANT NEWS INSIDE