

# Merry Christmas and Happy New Year from the San Diego County Rockhoppers

2010 brings ten (10) new Year Round Walks to the list of walks we have available. Plus, we have renewed the nine (9) YREs we already had, so nineteen (19) walks are available for your enjoyment.

Of course, we will also have some scheduled walks this year, including our annual Carlsbad "Walk To The Flowers" in mid-April.

Information on all of our walks can be found at the club's web site at: [www.sandiegorockhoppers](http://www.sandiegorockhoppers)

Note: Information on the new YREs will not be up on our web site until January 1<sup>st</sup>. In the past, no matter what notes have been attached, people have tried to do our new walks before the start of the new year and then become dismayed to not find the indicated start box. So, this year, we'll wait till January 1<sup>st</sup> to upload the new walk information. Enclosed is a brochure with information on the new walks.

A.

## Renewed Year Round Walks

- Carlsbad "Beach" (10Km and 5 Km)
- Carlsbad "Residential" (14Km)
- San Diego Downtown/Waterfront (10Km and 5 Km)
- San Diego Harbor Island (10Km and 5 Km)
- San Diego Recruit Ship (10Km and 5 Km)
- San Diego Harbor Island & Recruit Ship (14 Km)
- Old Town (10Km and 5 Km)
- Old Town/Mission Valley (11Km and 5 Km)
- Oceanside (10Km and 5 Km)

B.

## New "California Mission" Year Round Walks

- San Luis Rey Mission (Oceanside) (11Km and 5 Km)
- Mission San Diego De Alcalá (10Km and 5 Km)

The above two mission walks will be of interest to everyone, but especially to those walkers participating in the "Mission Possible" special program.

(over)

C.

## New San Diego County Library Walks

We have embarked on a joint project with the San Diego County Library Association. They wanted to do something to encourage their patrons to use walking as a good exercise, as well as have an opportunity for patrons to meet other people with similar interests. So, we worked out a plan to establish Year Round walks at the county libraries.

So far, eight (8) walks have been set up and sanctioned by the AVA. It is planned that additional library walks will be set up as the year goes on.

One note: Before heading out to do a library walk, check the specific library's hours. Access to the walk box will only be available when the library is open for business.

- Bonita Library
- El Cajon Library
- 4S Ranch
- Poway Library
- Rancho San Diego
- Solana Beach
- Spring Valley Library
- Vista Library

## 2010 Scheduled Walks

We are always looking for interesting places to have scheduled walks during the year. While the annual Carlsbad walk is set for April, we are open to your ideas for other walk locations, or to opportunities to have a walk in conjunction with some special event going on in the county.

Please send your suggestions, or any other thoughts you have on our walking programs to Steve at any time. As always, constructive criticism is always welcomed.

Send your comments to:

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